

Health Care Assistant (HCA)

Jessica Holmes is our very capable HCA. She has undergone training to enable her to take blood pressures, assist with minor surgery, health checks that do not involve medication and to perform ECGs.

Practice Nurses

Angela Gitto, Claire Lee, Kerry Miller and Charlotte Fowler our Practice Nurses, are available by appointment for various treatments, health promotion advice and screening, including smears, immunisations and vaccinations. They too specialise in areas such as Diabetes, Hypertension, Asthma, COPD and Minor Illness.

Advanced Clinical Practitioner (ACP)

Ryan Ilott, our Advanced Clinical Practitioner, leads the nursing team at Appletree. She runs her own clinics for patients presenting with acute and long term routine conditions.

Ryan can diagnose, treat and manage common ailments such as ear, chest and urine infections. She sees patients with musculoskeletal problems, e.g. back, knee, ankle, hip and shoulder pain, and offers contraceptive advice, emergency contraception and prescribes medication.

Ryan will see temporary residents for urgent problems, and refers patients for specialist intervention.

Amy Armiger has progressed from one of our Practice Nurses and is now in training to become an ACP.

Rachel Astle was a District Nurse specialising in palliative care/end of life patients. She is training to become an ACP and will be a real asset to the Surgery.

It may be easier to book an appointment with a Nurse than a Doctor.

Nevertheless, there is always a Doctor available if there is any cause for concern.

Appletree Medical Practice



47a Town Street, Duffield, Belper,
Derbyshire, DE56 4GG
01332 842288

www.appletreemedical.co.uk

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**DO YOU KNOW
WHAT OUR
NURSING
TEAM
CAN DO?**



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Do you know what our Nursing Team can do?

At Appletree our Nurses are trained to deal with a wide range of common conditions and give expert advice on self management.

If you need treatment and/or advice on any of the following conditions please ask to make an appointment with the most appropriate Nurse specialising in that aspect.

We have a very capable nursing team, comprising a Health Care Assistant, Practice Nurses and Advanced Clinical Practitioners.

There is always a doctor available if further advice is required or the nurse feels that fast tracking a patient to see a GP is required.

Some minor illnesses can be dealt with over the phone and our receptionists have been trained to ask the right questions to ensure you are dealt with by the most appropriate clinician in the most appropriate fashion.

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Health Care Assistant	Wound Dressing	ECG's
	Cuts	Spirometry
	Suture Removal	Blood Pressure Checks
	Health Checks	
	Weight Management	
Nurses	Immunisations	Smears
	Contraception Reviews	Asthma Clinic
	Diabetic Clinic	COPD Clinic
	Blood Pressure Reviews	Anticoagulation Clinic
	Minor Injury	
Advanced Clinical Practitioners	Chest Infections	Urinary Infections
	Ear & Throat Infections	Diarrhoea/Vomiting
	Gastric Symptoms	Rashes/Impetigo
	Palliative Care	Learning Disability
	Hypertension	Migraines/Headache
	Back Pain	HRT
	Contraception	Delayed Periods
	Breast Issues	