

## **Coil Fitting Checklist – For Intrauterine Devices (IUD) and Intrauterine Systems (IUS)**

It is important that you have read and understood all the information and are suitable for the procedure on the day you come in to the surgery.

**Please bring this form with you when you attend the clinic.**

**Please tick the boxes to confirm you have understood and agree to the following:**

- ☐ I have watched the video on IUD/IUS *or* read the leaflets *or* I already have an IUD/IUS and am familiar with the method.
- ☐ I am using an effective method of contraception and haven't had any problems (e.g. burst condom, missed pills, coil overdue for change). I have not had unprotected sex since my last period.
- ☐ I understand it is not safe to insert an IUD/IUS if I might be pregnant.
- ☐ I understand that if I am attending for removal and refit of an IUD/IUS I need to avoid sex for seven days before the procedure.
- ☐ I will make sure that I have eaten on the day of the appointment. I am aware that I should consider taking pain relief 30-60 minutes in advance of the appointment.
- ☐ I am not at risk of sexually transmitted infection (STI) or I have been tested recently for chlamydia/gonorrhoea.
- ☐ I understand that IUD/IUS is more than 99% effective (less than 1 in 100 chance of pregnancy)
- ☐ If the IUD/IUS fails to prevent pregnancy I understand that the relative risk of ectopic pregnancy is slightly increased.
- ☐ I understand that there is in a 2 in 1000 risk that the IUD/IUS might go through the womb or cervical wall (perforate) when it is put in. If this does happen the IUD/IUS may have to be removed surgically. This is more likely in the four months after childbirth and when breastfeeding.
- ☐ I understand there is a 1 in 20 chance of the device falling out (expulsion).
- ☐ I understand the IUD/IUS will not protect against STI, and condoms are advised in addition for new partners.
- ☐ I understand there is a small risk of infection (1 in 100) in the first few weeks following insertion of the device.
- ☐ I know that copper IUD might make my periods slightly heavier, longer and more painful.
- ☐ I know that the IUS (Mirena) will make my periods much lighter, but can cause erratic bleeding and spotting in the first few months of use.
- ☐ I have been provided with an opportunity for discussion and to ask any questions.

**Name (please print):** .....

**Date of Birth:** .....

**Signed:** ..... **Date:** .....